



Redeemer Family Adventure FAQs

What is the mission of Family Adventure?

The mission of the Family Adventure is to transform the faith culture of each family that participates. As parents, we feel the desire to pass on the foundations of our faith to our kids, hoping it will become their own. But often, we are too busy, tired, or inexperienced, or maybe even afraid of what it looks like to spiritually lead our families. This summer's Family Adventure will create some space for our families to connect and grow together, forming new habits through Gospel centered devotionals. Additionally, there will be weekly activities to help families rest and play together, as well as engage their neighbors and communities with the Gospel.

Do I need to register to participate?

We would love to know that you are participating with us, send you encouraging emails and hear your stories. Please register at redeemersd.org/familyadventure.

Is it ever too late to start?

No way! Even if it's week 10, we encourage you to join the journey with us, and take some of the ideas presented in the booklet and use them throughout the school year.

Can I invite my friends? When and how?

You can tell your friends about what you are doing. We encourage it. If they are interested in signing up and joining the journey this summer, have them visit redeemersd.org/familyadventure to register. Additionally, families can come to our events throughout the summer and check out the resources. Don't forget they can join at any time.

What if I miss a week?

If you miss a week, it's OK, life happens. When forming or strengthening a habit it is important to extend grace. Simply pick it back up the next week. Don't feel the pressure to "make up" a missed week. The whole purpose of this is to help your family form a strong faith culture that is growing in the word, renewal and mission together, so consistency is key. But don't feel like you are "out" if you miss a week!

How can I connect with other families participating?

We have created a FaceBook page for families to join so that you can read about other families' stories, get tips and ask for suggestions, and share your own stories as we all journey together. Like the Redeemer Family Adventure page and request to join today.

Where can I gain additional links, information and access resources?

There is an appendix in the back of the Family Adventure booklet. Additionally, redeemersd.org/familyadventure will have weekly updates and resources that you can stay up to date with. There will also be a digital copy of the booklet online that you can download or view to participate.

Who can I contact directly with questions?

Kyler Wright (kyler@redeemersd.org) - Student & Family Director

Katherine Loftis (katherine@redeemersd.org) - Kids Director

How do I start a family discussion?

Starting a family discussion can be difficult, awkward and frustrating at times. Adding activities or ice breakers is always helpful. Telling stories that surround the topic, whether real or made up also helps. Praying together can be calming and a good transition. Sometimes it is really good to establish ground rules before starting, and inviting your kids into that process can help them take ownership of your time together. Sometimes it is good to celebrate with a treat at the end, and letting kids know that is an expectation on the front can help focus your kiddos.

My children have a wide range of ages. How do we have effective discussion with that wide of an age group?

Age gaps can be tricky to navigate. A couple of helpful suggestions may be to (1) have your older kids help lead/facilitate with the younger kids in your family. Maybe they read the intros, ask the questions or pray. This gives your older student a sense of ownership and may open the doors for conversations to be had with you later on. (2) Have different one-on-one sessions with each of your kids, or with those of similar age. This could be done over a meal together, or casually participating in an activity together, or in the car to and from activities.

Can we do a family activity not listed in the Adventure list?

Absolutely! We know you are creative and may be doing some excellent things together as a family that you could use in place of the suggested activities. We just encourage you to include the elements of Grace Renewal (rest & play) or Mission (service & love). Our hope is that as you think about your family's dynamic and

interests, your neighbor's and community's needs, that you develop a heart and a vision for what God wants to do in and through you there.

How about a resource on how to share the gospel with people or be missional?

Pastor Hunter Benson, our Mercy and Missions Pastor, has put together some documents to think through, discuss and study. You can gain access to those documents by visiting redeemersd.org/familyadventure.

How can I engage my teenager?

This is a great question. In our culture today, especially with the emphasis of connecting through technology, engaging teenagers can be tough.

First, patience & prayer is key. That sounds like church-y advice, but letting things take time and being faithful to seeking God is key.

Second, there is an excellent resource for creating space to listening to and leading your teenager here:

homepointe.s3.amazonaws.com/PDFs/TeensOpenDialogueWeb.pdf.

Third, you need to earn the ear of your teenager. This can happen when you are creating space to listen and learn from them, not hear and solve for them.

Additionally, engaging them on their turf helps you earn the right to engage them.

What do they love to do? How could you meet them there? They tend open up when they know they are heard & pursued. This is not exhaustive, but could be a good start.

Email Kyler Wright (kyler@redeemersd.org) for more ideas.